



# Hear from some of our participants

"Elevate has been a game-changer in my day-to-day work. Its ability to enhance my capabilities, streamline processes, and offer real-time assistance has been invaluable. Elevate has significantly improved my efficiency, allowing me to produce higher-quality outputs in less time. Additionally, its integration with various tools and platforms has made it seamless to incorporate into my workflow, enhancing collaboration and productivity. Overall, Elevate has transformed how I work, empowering me to achieve more and deliver better results."

"Elevate help me in finding myself in terms of getting the best of me at my career and also help in understanding and managing people which entrusted to me to lead."

"Attending Elevate helps me to boost my confidence in communicating to others, acknowledging my skills, knowledge, strength and weaknesses and being proactive in any meetings I attend to. Elevate experience helps me also to achieve my goals with a clearer step and to be a successful in any endeavor I take, be it in a professional or personal matters."

"I would say that Elevate influenced me to take a look at how I was managing and navigating my career as well as how I was determining and building necessary leadership skills. This evaluation has resulted in a clearer picture and a new awareness of some blind spots and opportunities for improvement. It has influenced me to be more intentional and proactive in my day to day."

"Elevate program has encouraged self-reflection and boosted mindful attitude towards my potential, strengths and development areas, career planning."

"During those sessions, I am finding who I am, the talent I am being which is support me better in my duties. And so far, it changes my mindset a lot which is build a better version of me in dealing, working and behavior in career."

"Elevate had a tremendous impact on me. It couldn't be a better time for me to take this course. I moved to different organization with the company in different city, and different office environments. I was able to apply most of the lessons to build relationships with my leaders and establish myself as a valuable asset to the team. I cannot thank Elevate enough for showing us how to advocate for ourselves."

"One of the most important things Elevate helped me with is broken down strategies to help me in my career. They are easy to follow and implement and now I have more confidence that I can improve my career path by following some simple strategies besides the mindset work that will happen in the background. Thank you!"

"I am definitely more confident leading small projects, like training small groups of individuals on the use of new business applications. Monthly Elevate sessions showed me that leading techniques work and are very effective. The more I practice them the more natural they become. I am excited for the future and new opportunities thanks to this innovative training, tested techniques, case studies and words of wisdom from famous leaders worldwide."

"Elevate has helped me build my confidence levels. Especially being able to improve the productivity of my team and also build great working relationships. I have gotten better at negotiating, delegating and monitoring. I am able to put forward my ideas without fear. Thank you Elevate for making an impact in my life."

"Elevate has helped me to think about my career in a different way. I think it has made me a more aware worker of my role in the company and what the company expects from me."

"I will definitely miss the monthly session. This was a great opportunity for me to set time aside every month. Some "me time" that helped on the professional and personal aspects of my life. I liked that it was a good mix of down to earth advice and more critical thinking activating advices."

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"I have changed my perspective on working around politics and difficult personalities in the office environment. I am open to having difficult conversations. I am opening up to the idea of being seen and already putting measures in place accelerate that in future. I am very intentional about the impact I bring or make to the people I serve. I routinely review my telescope and microscope activities to ensure I am moving in the right direction. I feel I am in the expansion season. I'm excited about it. I am grateful to Elevate for helping me on this journey!"

"Elevate has made me think more strategically about what work I am doing and my career path. I am being more conscious of the skills I need to advance. Also having more open conversations about moving up the ladder without feeling I need to be 100% ready to further on."

"Elevate has improved both my confidence in my role, the role I want to achieve and an overall better understanding of how to go about daily conversations and challenges."

"The reflections on my current career and the tips & tricks to change little things in how I act and think today, will help me for my future career. I will replay the whole set of sessions when I'm on season holiday to make sure that I have all the necessary info with me for further growth. Thanks a lot for all the insights"

"Elevate has equipped me with a deeper understanding of my strengths and areas for growth and allowed me to tackle challenges with greater resilience which seems to make my role more impactful. In my leadership role I am able to practice the different styles, communication strategies and methods to increase the team spirit. I would summarise, knowing me better and my team helps me to have a clear picture and to lead more authentic, confident and with a targeted purpose. Thank you Jacqueline and your team for creating and constantly improving this inspiring program."

"Elevate helps to break down and simplify the process of many communications in the workplace. It has specifically helped me know how to handle difficult conversations, negotiations, and generally how to bring my opinion to the table in a larger cross-functional setting. It has also helped to build my confidence in the workplace and to see things from another point of view. The live polls during sessions help me to see that most times I am in the majority, which means that probably most of my colleagues aren't walking around with so much more confidence than me after all."

"Elevate helped me to be more conscious about professional profile and to know myself better in a way to understand my strengths and areas for improvement. Beyond that, and most important, the program showed me how I can overcome some obstacles and then be able to develop myself in these areas, always in a very didactic, easy to understand, positive and highly practical way which is easy to remember. Thank you for the whole Elevate team!"

"That was one of the best courses I've ever taken. I have learned so much. The tools are really great and helped me in many situations. I have improved the relationship with my stakeholders and with some key people in the organization. I am feeling and acting more confident in meetings."

"Elevate has reminded me of the value I bring to the organizational table, and it has also reminded me that so many other people face similar setbacks whether self-imposed or organizational. I feel more prompted to speak up."

"Elevate has opened my eyes to what I can accomplish in my career by just being more confident in my abilities and by speaking up more. I realize that my contributions at work are just as important as those of my male co-workers. This is an excellent course."

"I am third time in Elevate even if in business over 25 years so I am senior/expert who done it all. At the cross road now and figuring out the next step which is hard job! So, Elevate is a great awareness booster that remind you where you are vs. where you want to be. You always learn something new and get new perspective on things. I am now reviewing my "board" now parallel to scoping my next step."

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“Elevate has enabled me to believe in myself more as a leader and as a human. It has helped highlight some things I do well whilst learning new techniques to continue to do better. Becoming an ambassador really pushed my comfort zone as I have been hosting a call with other ladies from across various industries but I have found this experience invaluable and am so glad I took the plunge to put my name forward.”

“I love the Elevate program - it really makes a difference in your day to day job if you take the time to go through, reflect upon and create goals connected to each session. I'm only in the beginning of my career and I'm really grateful for all these tools, and I will definitely need to go back to each session from time to time.”

“It has given me more confidence; the sessions have been really informative and it has been really good to listen to other people's views and hear people feel the same as me in certain situations.”

“Elevate has allowed me to have a new viewpoint on my conversations in the workplace. I can control the outcome by using the tools in the webinars to prepare for questions, emotions, feedback, etc. Positive or negative, I can control my response.”

“Since starting Elevate I was chosen to become a Field Service Trainer in my division. Completed the training and am now a qualified FST in AWM Cape Town. It's been a fantastic course and will definitely encourage others to do Elevate. Thank you.”

