

Worksheet

Communication is important because...

What does good communication look like?

What kind of communicator are you?

Question	a	b	Type
1			S
2			L

I	versus L
I	L
I	S
L	L
L	S

The two sides to communication



Worksheet

The Communication process

D	
D	
G	

The F Rule

P	F	P
↓	↓	↓

The N Rule

H	U	E
↓	↓	↓



Worksheet

The P	Rule	
S	L	L
↓	↓	↓

The F	Rule

! Pop quiz

Scenario	Speaker says	Speaker type	Listener replies	Listener type
1				
2				

The R	Rule



Worksheet

Which one(s) am I doing well?

Which one do I need to work on?

Final thought

